

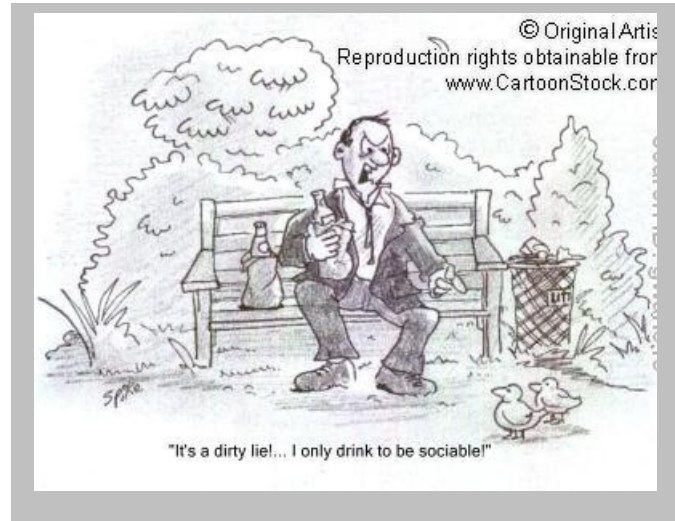
CWCO Newsletter

CWCO would like to thank all the A.A. Groups that have so generously donated money and time to keep the services flowing!! Visit us at our updated site www.yakimaaa.com

Wisdom

My wisdom consists of doing or wanting to do things which lie within my boundaries – but also meeting challenges, dreaming a little and taking calculated risks. Little of this applied to me 25 years ago. It's foolish to attempt a broad definition of wisdom. It was all very well for Oscar Wilde to say, with tongue in cheek and brandy glass in hand, that experience is the name we give to our mistakes. Unless I am mistaken, wisdom and experience are not one and the same thing. Out of the mouths of babes and sucklings ... The two wisest things I ever did were to stop drinking and to stay stopped. If I am in any doubt (and I often am) as to what wisdom is about, I only have to reflect for a few moments in my driving mirror to see where I have come from before focussing on where I would be now if I hadn't taken the decision to draw the line. When I first stumbled across A.A. (I had not been wise enough to stop earlier) I was willing to listen to the experience, strength and hope shared by the people in that room – ability. I particularly latched onto the slogans because they were short, sharp and snappy enough to penetrate the fog in my brain. *First Things First. Easy Does It. Keep It Simple.* Stay off the booze one day at a time and trust God. Even as a boy of ten whose dad had died in the war and whose mum had picked up the bottle I was inordinately fond of proverbs and quotations. That instinctive childhood wisdom has stood me in good stead. Of course it was later to be washed away in a flood of alcohol. Snatches like *Fools rush in where angels fear to tread* are the wise man's stock-in-trade. I also like the way the 12 Steps say practically everything I need to know in a couple of hundred words. Of course they are only suggestions, just as it's only a suggestion that you pull the rip-cord when you jump out of an aeroplane. Regrettably I am not wise enough yet to turn to them for help more often in difficult moments. The sum of the wisdom of the ancient Greek philosophers is expressed in the two words: *Know Thyself*. This result is obtained by working Step Four, the moral inventory and to act upon it to the best of my when it is carried out fearlessly and thoroughly. Wisdom is very much concerned with eschewing fear... This leaves me with the Serenity Prayer, a religious proposition in three parts. It's a sad fact that my sobriety will not change the world, only my attitude towards it. It's good news, on the other hand, that there is somebody up there who knows the answers and whom I can turn to when faced with awkward decisions.

MC



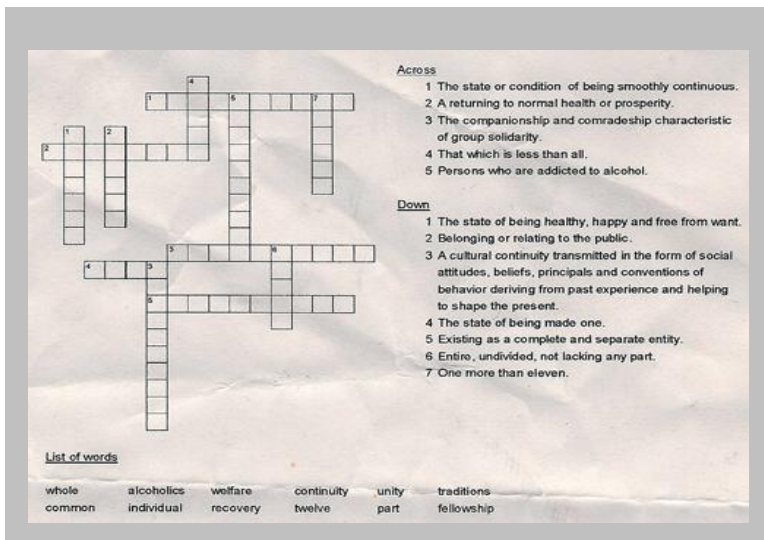
AA History in May

- ✚ May 10th 1939 - Clarence S. announced to the Akron Oxford Group members that the Cleveland members were starting a meeting in Cleveland and calling it Alcoholics Anonymous.
- ✚ May 10th 1946 - Searcy W. had his last drink. (Searcy passed away September 30, 2003 with 57 years continuous sobriety.)
- ✚ May 12th 1935 - Mother's Day, Bill and Dr. Bob met for the first time, at the home of Henrietta Seiberling.
- ✚ May 17th 1942 - Dayton Journal Herald published pictures of AA members wearing masks to protect their anonymity.

News from CWCO

We succeeded in surviving another month thanks to all your generous donations. Thank you! Please continue to keep us in mind each month at you group conscience's the bills keep coming every month
CWCO Volunteers Needed!

Volunteers are needed to answer phones and staff the Central Office desk! There are many shifts with nobody to help out at the Central Office, and many opportunities to be the voice at the other end of the phone line when someone is in need of a meeting, and calls for help.



Traditions Checklist

Practicethesepinciples...

Tradition Three: The only requirement for AA membership is a desire to stop drinking.

1. In my mind, do I prejudge some new AA members as losers?
2. Is there some kind of alcoholic whom I privately do not want in my AA group?
3. Do I set myself up as a judge of whether a newcomer is sincere or phony?
4. Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
5. Am I over-impressed by celebrity? By a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one sicker human, like the rest of us?
6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic Arrangements are? Whether he had been to AA before? What his other problems are?

("AA Grapevine", Nov 69-Sept 71, Reprinted with permission of the AA Grapevine ,Inc.)

The First Tradition

“Our common welfare should come first; personal recovery depends upon AA unity”

The long form reads “Each members of Alcoholics Anonymous is but a small part of a great whole. AA must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterwards.”

We are a group that governs itself by anarchy. This doesn't mean chaos, it means without government. In order for us to survive each member needs to place the group, districts and world organization before their own wants if we are to be successful fighting this disease. We all need to participate in keeping our organization healthy.

CWCO Service Meetings & Committees

Name	Date	Time
Roundup Comm.	1 st Mon.	6pm
Treatment Comm.	1 st Tues.	6pm
Corrections Comm.	2 nd Mon.	6pm
CWCO Group Rep	2 nd Wed.	6:15pm
CWCO board Meet.	2 nd Wed.	7pm
Dist. 20 Meeting	3 rd Mon.	6pm
Treatment & PI/CPC		
Training panel	3 rd Tues.	6pm
Dist. 6 Comm.	3 rd Thurs.	6pm
PI/CPC Comm.	4 th Mon.	5:30pm
CWCO Vol. Comm.	Last Wed.	6pm
Workshop Comm.	2 nd Tues.	6pm

Oh, what to write about....

- ✚ Your experience at a convention
- ✚ Recovery related humorous event and stories
- ✚ Tell us your story
- ✚ Something that baffles you
- ✚ Any recovery related story is welcome
- ✚ Funny recovery cartoons
- ✚ Inspirational photos and drawing
- ✚ Upcoming events

To submit- drop off at Central office or Contact Amilynn